

## Meet Your Success Coach!

### Meet New Company Success Coach, Karen Sheerin

The CARES Program is pleased to welcome **KRESA** as a member company of the **Southwest Michigan Employer Resource Network (SWMERN)**. Your Success Coach,

**Karen Sheerin**, is available at member companies to **confidentially** help employees with any challenge at work or home including finances, family, transportation, childcare, co-workers, training needs and more.

#### What is an ERN?

Employer Resource Networks provide **free** access to social services and training programs. They bring together the best resources to help you improve your employment skills, overcome personal barriers and prepare you for advancement opportunities - right at the workplace.

#### Member companies.

Your company has joined other local companies to offer this program because you are an important part of your

Karen can assist you in:

- ◆ evaluating issues
- ◆ determining goals
- ◆ applying for assistance
- ◆ utilizing resources
- ◆ locating tools
- ◆ offering guidance

company and they care about your overall success.

#### Not just for lower income employees.

Whether you are a supervisor needing elder care resources for an aging parent, or a line worker with transportation issues, your Success Coach is here for you. People from any background, job position and financial situation can find life overwhelming, and appreciate advice from a resource expert. .

#### Meeting your needs.

For the last year, Karen has been a CARES Success Coach, finding solutions, training and resources for employees. Resources are often found within the community or from state and federal programs. No challenge is too big or too small.



#### Her background.

Karen is a resource veteran with 15 years experience at the Michigan Department of Health and Human Services as a Refugee Specialist/Family Independence Specialist.

#### Why she took this job.

"I loved the idea of keeping people in the jobs that they have instead of constantly cycling them in and out," said Karen.

"Perhaps they just need some help to allow them a chance to stay in their job. It makes perfect sense."

#### Why this program is different.

"There are very few boundaries in how we can try to help," said Karen. "I can assist you with any challenge. If it's a

**Southwest Michigan Employer Resource Network Kalamazoo & Battle Creek**

#### Our goal...

Creating access and resources for employee success at work and in life.

#### Member Companies

- ◆ Bronson Healthcare Group
- ◆ Heritage Community of Kalamazoo
- ◆ Impact Label
- ◆ KRESA

#### Strategic Partners

- ◆ Calhoun DHHS
- ◆ Kalsee Credit Union
- ◆ Michigan ERN Team
- ◆ Omni Credit Union
- ◆ WE Upjohn Institute

distraction and a barrier to your success - stop in. At some point, everybody needs support - whether it be financial, emotional or help talking through issues." Feel free to also email, call, or text to set up an appointment. "This program is about convenience for the employee. I'm looking forward to meeting you!"

Source: ERN-USA