

What are your challenges? What are your dreams?

Getting ready to see your Success Coach



In the past week, month, 6 months, have you:

- been late for or absent from work due to non-related work issues?
- had difficulty budgeting, affording your bills or paying for an emergency?
- have a challenge you are having at home?
- have work issues that make you feel like you don't want to come to work?
- are interested in setting up savings or investments?
- are interesting in learning new skills or advancing your education?
- have goals or dreams you aren't sure how to achieve on your own?

Success Coaches serve employees at every level

- **A benefit for all:** whether you are a busy supervisor needing help setting up elder care for a family member or a line worker seeking transportation assistance, Success Coaches are here to help you succeed at both work and home.
- **Not employed by your company:** Your Success Coach is provided as a benefit by your employer. They are contracted through a local Employer Resource Network® (ERN), and are part of a rapidly growing network of state and national ERNs.
- **Confidential:** Unless set-up as a referral by HR or your supervisor, your company will not know that you visited your Success Coach.

Success Coaches help both employees and companies

EMPLOYEE Stress
Childcare
Financial pressures
Public benefits
Relationship conflicts
Aging parents
Substance abuse
Transportation
Housing/Foreclosure

EMPLOYER Increased productivity
Reduced absenteeism
HR productivity increase
Outsourced social work
Increased EAP usage
Employer of Choice
Increased retention
Reduced training cost
Reduced recruiting costs

What are your goals and dreams?

Do you want to buy a house or car? Have you always dreamed of an advanced degree? Do you want to move to a higher work position? Do you want to lose weight or address health issues? Your Success Coach can help you figure out what steps you need to achieve your goals and will be there to assist every step of the way.

- **My six month goal:**

- **My one year goal:**

- **My two year goal:**

What challenges do you have getting to work?

- _____
- _____
- _____

What bills do you find difficult to afford?

- _____
- _____
- _____

What challenges do you have at home?

- _____
- _____
- _____

What issues do you have at work?

- _____
- _____
- _____

What skills or education do you want to gain?

- _____
- _____
- _____

Contact your Success Coach: walk-ins welcome!

Call, email, or text: you will receive a reply on the same or next business day. Off-site meeting locations available. Request additional times if needed.

Stephanie Bourne, Success Coach

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