

## Success Coaches Assist in Finding Childcare Solutions

Childcare can be challenging and cause stress, or even job loss, if solutions aren't found quickly. Help is here! **Onsite or remote assistance.** Your Success Coach is a resource expert who can help you navigate federal, state and community resources.

**Pandemic reopening.** Jill Neely, Success Coach (Lakeshore ERN), recently contacted Great Start to Quality and says most providers are up and running with some still working their way back to full capacity.



*Jill Neely, Success Coach (Lakeshore ERN), refers employees to Great Start to Quality's website for childcare provider options.*



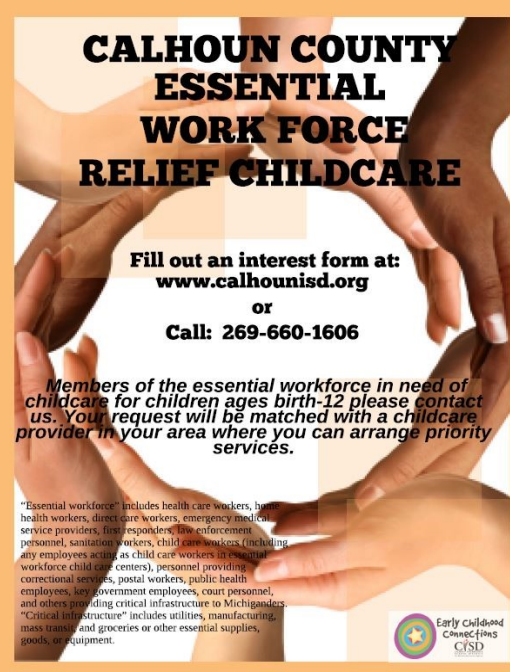
State coordinated websites can be helpful in your quest for reliable childcare such as Michigan's [www.greatstarttoquality.org](http://www.greatstarttoquality.org). "Together we can use the search tool to find providers in their area, and can also search by hours too, which is helpful for 2nd and 3rd shift options," said Jill. Ohio ERN Success Coaches can connect employees to Ohio's Department of Jobs and Family Service website and more: [www.jfs.ohio.gov/CDC](http://www.jfs.ohio.gov/CDC). Check out "Transitional Pandemic Childcare Information" for immediate needs.



### What Resources are Available in Your Community?

Communities understand the importance of childcare, especially in the wake of the pandemic. Many have created special programs as employees return to work.

**Interested in day camps?** "Your Success Coach can also direct you to available summer programs such as the YMCA's 'Emergency Relief Day Camp,'" said April Hall, Success Coach (Southwest Michigan ERN).

**CALHOUN COUNTY  
ESSENTIAL  
WORK FORCE  
RELIEF CHILDCARE**

Fill out an interest form at:  
[www.calhounisd.org](http://www.calhounisd.org)  
or  
Call: 269-660-1606

*Members of the essential workforce in need of childcare for children ages birth-12 please contact us. Your request will be matched with a childcare provider in your area where you can arrange priority services.*

\*Essential workforce\* includes health care workers, health workers, direct care workers, emergency medical service providers, first responders, law enforcement personnel, sanitation workers, child care workers (including any employees acting as child care workers in essential workforce child care centers), personnel providing correctional services, postal workers, public health employees, law government employees, court personnel, and others providing critical infrastructure to Michiganders. \*Critical infrastructure\* includes utilities, manufacturing, mass transit and groceries or other essential supplies, goods, or equipment.

Early Childhood Connections  
CfSD

### Childcare Resource Example (SWMERN)

### West Michigan Employer Resource Network

#### Our goal...

Creating access and resources for employee success at work and in life. We partner with employees who work for:

#### Member Companies

- ◆ Aspen Surgical
- ◆ Holland Home
- ◆ Lacks Enterprises
- ◆ Ranir, A Perrigo Company
- ◆ Sunset Retirement Community & Services

#### Strategic Partners

- ◆ AAC Credit Union
- ◆ ERN USA
- ◆ Kent County DHHS

**Services not available?** Success Coaches also work with organizations to help fill gaps in service locations and hours. Don't let challenges derail your success at work or home. You don't need to handle them alone. Contact your Success Coach today to start finding solutions for you and your family!

Sources: LERN; SWERN; ERN USA

**Christie Swick, Success Coach**  
Christie@ERNSuccessCoach.com  
616-250-7965 (cell)

### Aspen Surgical

6945 Southbelt Dr SE, Caledonia  
◆ Friday: 8:30am-5:00pm

### Lacks Enterprises

1648 Monroe Ave NW, Grand Rapids  
◆ Thursday: 1:00pm-5:00pm (1<sup>st</sup>)  
◆ Thursday: 8:30am-12:00am (2<sup>nd</sup>)

4365 52<sup>nd</sup> St SE, Kentwood

◆ Thursday: 8:30am-12:00pm (1<sup>st</sup>)  
◆ Thursday: 1:00pm-5:00pm (2<sup>nd</sup>)

### Holland Home

2100 Raybrook SE, Grand Rapids  
◆ Wednesday: 8:30am-5:00pm

### Ranir, A Perrigo Company

4701 East Paris Ave SE, Grand Rapids  
◆ Tuesday: 8:30am-5:00pm

### Sunset Retirement Community & Services: Waterford

1725 Port Sheldon, Jenison  
◆ Monday: 8:30am-5:00pm

\* 1<sup>st</sup>/2<sup>nd</sup> = week of the month

#### Walk-in Welcome

Call, email or text for appointments.  
Off-site meeting locations available.  
Request additional times if needed.



## Covid-19 Legal Issues: Get Help Now!

Are you having Covid-19 related legal issues? The pandemic continues to affect employees in a variety of ways across the country.

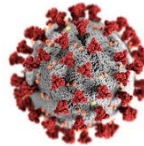
**See your Success Coach.** What are all of the issues that are causing you stress? Which ones can your Success Coach assist in with applying for resources, intervening, and making connections?

#### Issues requiring legal advice.

Natalie Longmeier, Success Coach (Marion Area ERN) has been connecting employees to The Legal Aid Society for Covid-19 related and other legal issues. "Financial pressures of unemployment, falling behind on mortgage and rent payments, and not receiving checks until it is too late has created a crisis situation for many," said Natalie.

#### Covid-19 legal issues.

- ◆ Crime, traffic, ID
- ◆ Debt
- ◆ Family (custody, child support)
- ◆ Housing (eviction, foreclosure, lock outs)
- ◆ Immigration
- ◆ Income tax
- ◆ Personal safety
- ◆ Public Assistance
- ◆ Scams
- ◆ Relief aid (stimulus checks)
- ◆ Student loans
- ◆ Unemployment
- ◆ Utilities
- ◆ Wills/life planning



Sources: Marion Area ERN; ERN USA

## Coping with Covid-19 Re-entry Anxiety

Some people are jumping for joy at Covid-19 reopenings, but others are finding it nerve-wracking to venture out. Psychologists are calling it "re-entry anxiety."

**Two anxiety types.** Some people are anxious due to a fear of catching and spreading Covid-19 while others have fallen out of the practice of socializing. It may feel strange now to be with people outside of your family.

**Being cautious is healthy.** A little nervousness helps to stay vigilant at both work and home with PPE precautions, but too much anxiety can interfere with your day-to-day life.

**Problem anxiety.** If your anxiety is causing sleeplessness, relationship tension, or makes you feel like not going to the store or work, you may need some tactics to find the right balance. The longer you wait to learn some coping strategies, the longer it will be to overcome.

**Safe activities.** Start by taking a walk in the park or chatting with a friend in your backyard wearing masks and social distancing. If you feel yourself getting anxious, take slow, controlled, deep breaths.

**Ask yourself.** "Is this behavior a problem?" "Is it getting in the way of the life I want to be living?"

**Get help.** Your Success Coach can be a sounding board for concerns. Talk with them remotely or at work. They can connect you with a mental health professional and community resources.

Sources: ERN USA; Time



ERN USA  
Employer Resource Network®

## Philosopher's Square

"Life's most persistent and urgent question is,  
'What are you doing for others?'" - Martin Luther King, Jr.